

CAREGIVER TRAINING SERIES



Session One: (10 am – noon)

Date: **Wednesday, January 23, 2019 at 10:00 am (Registration starts 9:30 am)**

Topic: ***Understanding Alzheimer's Disease and Related Dementias***

Location: Independence Center, 6300 E Virginia Beach Blvd., Norfolk, VA

Session Two: (10 am – noon)

Date: **Wednesday, February 27, 2019 at 10:00 am (Registration starts 9:30 am)**

Topic: ***Positive Strategies for Interacting with Individuals with Alzheimer's Disease***

Location: Independence Center, 6300 E Virginia Beach Blvd., Norfolk, VA

Session Three: (10 am - noon)

Date: **Wednesday, March 27, 2019 at 10:00 am (Registration starts 9:30 am)**

Topic: ***Powerful Tools for Caregivers: Taking Care of Me While Taking Care of You***

Location: Independence Center, 6300 E Virginia Beach Blvd., Norfolk, VA

The trainer for the three sessions is educator and social worker Kathy L. Dial, PhD, MSW. Certificates of attendance will be provided by the trainer

For more information and to register contact kknc@cox.net or call 434-5162

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