



Chesapeake Task Force on Aging

"Focusing on Quality of Life"

MAY 2016 MEETING MINUTES

The Chesapeake Task Force on Aging meeting was held on Friday, May 6, 2016 at Lighthouse Pointe Independent Senior Living. We would like to thank Laurie Williams, for hosting our meeting and providing us a wonderful breakfast as well.

8:30 – 9:00 – Networking/Breakfast

9:00 – Introductions by Chair, Buck Heffernan

Guest Speaker: Buck Heffernan, of The Heffernan Group, is a Real Estate Broker who specializes in accessible homes. Topic: Aging in Place.

Buck spoke to us about the growing numbers of seniors across the United States, especially with the Baby Boomer generation and the estimate 48,000 seniors living in the city of Chesapeake alone add to the high number of military retirees in this area and injuries that come with this line of work and ensuring that our seniors have adequate/safe homes as they age in place. Alternatives for safe housing are Assisted Living Facilities, Nursing Care Facilities, and Independent Senior Apartments. These all serve a purpose for different levels of care but for those seniors wishing to stay in their homes and age in place safely this is where services such as Buck and his company provide comes to play. One of the main things to look for in a reputable company offering such services to make sure the company is nationally certified as a Aging in Place specialist. Also, where do people go or turn to too find out information for themselves, parents and loved ones? To our Task Force, to the city of Chesapeake, Senior Services of Southeastern VA – we can play a vital role with the resources within our task force on being able to make a positive impact on the lives of our seniors and their families.

Announcements/Upcoming Events: ***** **Please see website www.CTFOA.org** *****

Board Positions: We will be voting either by the end of the month (working on voting on website or next meeting) for the following positions/people:

Chair: Tony Valencia

Vice Chair: Iris James and Marlene Ryan

Treasurer: Annie Alexander, Pam Creef and Michael Walton

Secretary: No nominees at this time

Garden 2 Table Day of Giving May 3, 2016: A Message from Jenny Fertig, Director City of Chesapeake 55 Plus: “Yesterday was a great success for the Taskforce and all of the partners from Healthy Chesapeake that supported the launch of our first Garden2Table project!! Thanks guys!! Please see the link to the article and check out the wonderful pictures on the Healthy Chesapeake Face book page. On behalf of our Board director, I especially want to thank several Taskforce Members: ** Lindy Rinaldi, who was a terrific ambassador yesterday, serving food and making the residents and other guests feel very special. She also found us a terrific volunteer to lead the Art portion of the garden project!! ** Drew Cravey, who has worked countless hours to get this going! He’s used personal resources, provided much time and energy and is the overall leader to this project! This truly would be a “wish” still if not for him! ** Nicole Jones, who did a masterful job of rallying the residents and making this all come together! She organized her community, secured resident leadership and really worked hard to ensure everything was in place on the site end. The Taskforce and particularly these individuals have done a great thing for seniors!! http://pilotonline.com/news/local/health/healthy-chesapeake-nonprofit-kicks-off-with-community-garden-for-seniors/article_058adf89-4b8b-56f9-a0d4-923f91e8f16f.html Of course now that the Cambridge Square project is off-the-ground so successfully, our work has just begun! We have other low-income senior sites that need gardens! We also need a mobile farmers market and vouchers to support it . Please consider helping us raise money TODAY during our 757 event. Every little bit helps!! Drew is chairing our campaign to raise \$35,000 and we need your help!! Share the link Lindy provided below with everyone you know who is interested in helping us improve the health of our seniors and other community members! Thanks to Drew’s leadership, the Taskforce on Aging has helped us bring in the largest donation in our campaign! One of the Health Care Agencies donated \$750.00!!! And we’re at almost \$2200. Under Pam’s leadership, ECPI / MEDPro employees donating to the 757 campaign can wear jean on Friday! ECPI employees are joining in... what a cool idea!!”

Website: We are in the final stages of getting our website where it is mobile friendly and updated. We will send out an email to our members to let them know the website is updated and where all will be able to upload their information – we appreciate everyone’s patience as we are trying to get the website where it needs to be and if anyone has any suggestions, please let the board members know....it’s your website and we want to make it accessible/user friendly, informative etc. Please send any announcements to the secretary or current Vice Chair to be put on the announcements and pictures for any of your events to put up as well.

Treasurer report: As of morning of 5/6/16 we have \$1,150.00 in the account and will be giving total of \$400.00 - \$200.00 to 757 Garden to Table Fundraising event and \$200.00 to a family in need due to a fire destroying their home and belongings nominated by SSSEVA.

Upcoming Meeting: Friday, June 3, 2016 Dominion Village 2856 Forehand Drive Chesapeake, VA 23323 Guest Speaker: Kathy Arnaud and topic Blood Flow Testing

CTFA BOARD MEMBERS: Buck Heffernan – Chairman; Pam Creef – Vice Chair; Annie Alexander- Treasurer; Marlene M. Ryan – Secretary

On behalf of the CTFOA Board

Marlene Ryan