



Chesapeake Task Force on Aging

"Focusing on Quality of Life"

OCTOBER 2016 MEETING MINUTES

The Chesapeake Task Force on Aging meeting was held on Friday, October 7, 2016 at Georgian Manor. We would like to thank Georgian Manor for hosting our meeting and providing us a wonderful breakfast.

8:30 – 9:00 – Networking/Breakfast

9:00 – 9:05 – Welcome and Introduction of Chapter leadership team by Chair, Tony Valencia

Chair: Dr. Tony Valencia, East-West Advocates

Vice Chair: Marlene Ryan, Gentiva Hospice

Treasurer: Pam Creef, SJS Executives

Secretary: Mindy Hackler, ECPI University

Public Relations: Iris James, SSSEVA

9:05 – 9:20 Chapter business

Chair: Explanation as to why we are doing the open forum format for the next couple of meetings, in order to bring us back to our purpose of community and legislation for the senior needs.

Vice-Chair report: Upcoming meeting schedule for November 4, 2016 at Lifestyle Fitness

Treasurer's report: appx \$1600

Secretary's report: Reminder of Website directory and social media

Public Relations report: Reminder that Medicare Open Enrollment is in progress until December 7. "Art of Healthy Living" event in November. Need volunteers and vendors.

Social Media:

- **Website (www.ctfoa.org)** – The member directory is open for registration. Paid members may go to the website and upload your information, company logo and website address. (<http://ctfoa.org/members-directory/>)
- **Facebook (www.facebook.com/CTFOA)** – The new Facebook page is now live. Use the link and "Like" the page to get the latest updates and events. Please send all announcements, upcoming events, and suggestions to our newly elected PR, Iris James (ijames@ssseva.org) and our Secretary, Mindy Hackler (mhackler@ecpi.edu), so they can make sure it is added to our Facebook page. This is open to the public, so feel free

to share with others who would like to know more about CTFOA. There is a “Sign Up” button on the page that will take them directly to registration on the website, if they are interested in joining.

9:20 – 9:35 Introductions of visitors followed by introduction of Members

Visitors: Donna Fuleihan – PAC Homes
Debra Cook – Commonwealth First
Nina Smith – Visiting Angels Chesapeake
Helen Comer – God’s Elect
Teresa Ashburn – See God’s Joy
Mary Dorss – Home Instead

9:35– 9:50 Open Forum Discussion

The group agreed that we need to bring back committees to address each of the initiatives that we would like to accomplish for 2017. After much discussion three committees were proposed.

- **Legislative Committee** – This committee will focus on reaching out in our community to find out what needs we should be presenting for change in legislation. They will also work with other task forces in our area. Also suggested to reach out to Northern Virginia and use their model, as it is more “grassroots” and very successful.
- **Program Team** – Jenny Fertig shared some broad range outreach programs that could use assistance in the community. This committee will focus on finding out which initiatives we can participate in that will help many seniors.
- **Community Service Committee** – This committee will focus on finding specific seniors or senior families that need help. Examples given were holiday sponsorship of a family, yard work, home projects, etc...

Additional Topics of Discussion

- More focus on Education, Resources, and Health Plans for the seniors.
- Jenny Fertig shared 2 sections of the proposed senior plans for Chesapeake for 2017.

9:50 – 10:00

Announcements from general membership

Senior Living Resource Rally – Nov 10, 2016 VB Conference Center

Iris needs volunteers for upcoming events and vendors.

Oct 15 – Dec 7 open enrollment for Medicare

Ron Dukes – Suggested reading *“How to Have a Stress-free Retirement”*

Upcoming Meetings: Friday, November 4, 2016 Lifestyle Fitness Center, 736 Battlefield Blvd.

North, Chesapeake, VA 23320 **OPEN FORUM**