



# Chesapeake Task Force on Aging "Focusing on Quality of Life"

## NOVEMBER 2016 MEETING MINUTES

The Chesapeake Task Force on Aging meeting was held on Friday, November 4, 2016 at Lifestyle Fitness. We would like to thank Lifestyle Fitness for hosting our meeting and providing us a wonderful breakfast.

**8:30 – 9:00 – Networking/Breakfast**

**9:00 – 9:05 – Welcome and Introduction of Chapter leadership team by Treasurer, Pam Creef**

**Chair:** Dr. Tony Valencia, East-West Advocates

**Vice Chair:** Marlene Ryan, Gentiva Hospice

**Treasurer:** Pam Creef, SJS Executives

**Secretary:** Mindy Hackler, ECPI University

**Public Relations:** Iris James, SSSEVA

**9:05 – 9:20 Chapter business**

**Vice-Chair report:** Upcoming meeting schedule for December 2, 2016 at ECPI University

**Treasurer's report:** appx \$1279

**Secretary's report:** Reminder of Website directory and social media

**Public Relations report:** Reminder that Medicare Open Enrollment is in progress until December 7. "Art of Healthy Living" event in November. Need volunteers and vendors.

### Social Media:

- **Website ([www.ctfoa.org](http://www.ctfoa.org))** – The member directory is open for registration. Paid members may go to the website and upload your information, company logo and website address. (<http://ctfoa.org/members-directory/>)
- **Facebook ([www.facebook.com/CTFOA](http://www.facebook.com/CTFOA))**

**9:20 – 9:35 Introductions of visitors followed by introduction of Members**

**Visitors:** Nicole Davis – Life's At Home Care

Mary Dorss – Home Instead

Mary Harrison – Westminster Canterbury

Janet Hammond – SeniorCorp

Kathy Dial – Kin & Kids Consulting

9:35– 9:50

**Open Forum Discussion – Pam Creef and Jenny Fertig**

Review of new committees:

- **Legislative Committee** – This committee will focus on reaching out in our community to find out what needs we should be presenting for change in legislation. They will also work with other task forces in our area. Also suggested to reach out to Northern Virginia and use their model, as it is more “grassroots” and very successful.
- **Program Team** – This committee will focus on finding out which initiatives we can participate in that will help many seniors in broad range outreach programs that could use assistance in the community.
- **Community Service Committee** – This committee will focus on finding specific seniors or senior families that need help. Examples given were holiday sponsorship of a family, yard work, home projects, etc...

**Additional Topics of Discussion**

- Jenny Fertig shared update of the proposed senior plans for sections on Quality of Life and Better Nutrition for Seniors for Chesapeake for 2017.
- Healthy Chesapeake Thanksgiving and Christmas fundraiser for meals for seniors and holiday canned food drive to assist in meal delivery to seniors for Thanksgiving and Christmas.
- Everyone bring canned goods to the December meeting.
- Agreed to donate \$600 for holiday initiatives:
  - Pam Creef made a motion; Cathy Spriggs seconded motion; Marlene Ryan third on the motion.
  - Suggested initiatives: Health Chesapeake fundraiser for Thanksgiving and Christmas; request for specific senior families in community

9:50 – 10:00

**Announcements from general membership**

**Senior Living Resource Rally** – Nov 10, 2016 VB Conference Center

**Iris** needs volunteers for upcoming events and vendors.

**Oct 15 – Dec 7** open enrollment for Medicare

**TRIAD Seminar** – Holiday Safety and Energy Assistance

**Upcoming Meetings: Friday, December 2, 2016** ECPI University, 5555 Greenwich Road, Virginia Beach, VA 23462 (2<sup>nd</sup> Floor Breakroom, as you come off the elevator, glass door to the right) **OPEN FORUM**